Institute of Nursing Sciences and Research, Malabar Cancer Centre

(Recognized by Indian Nursing Council, Kerala Nurses and Midwives Council,

Affiliated to Kerala University of Health sciences)

Moozhikkara P.O, Kodiyeri, Thalassery Kannur, Kerala – 670103

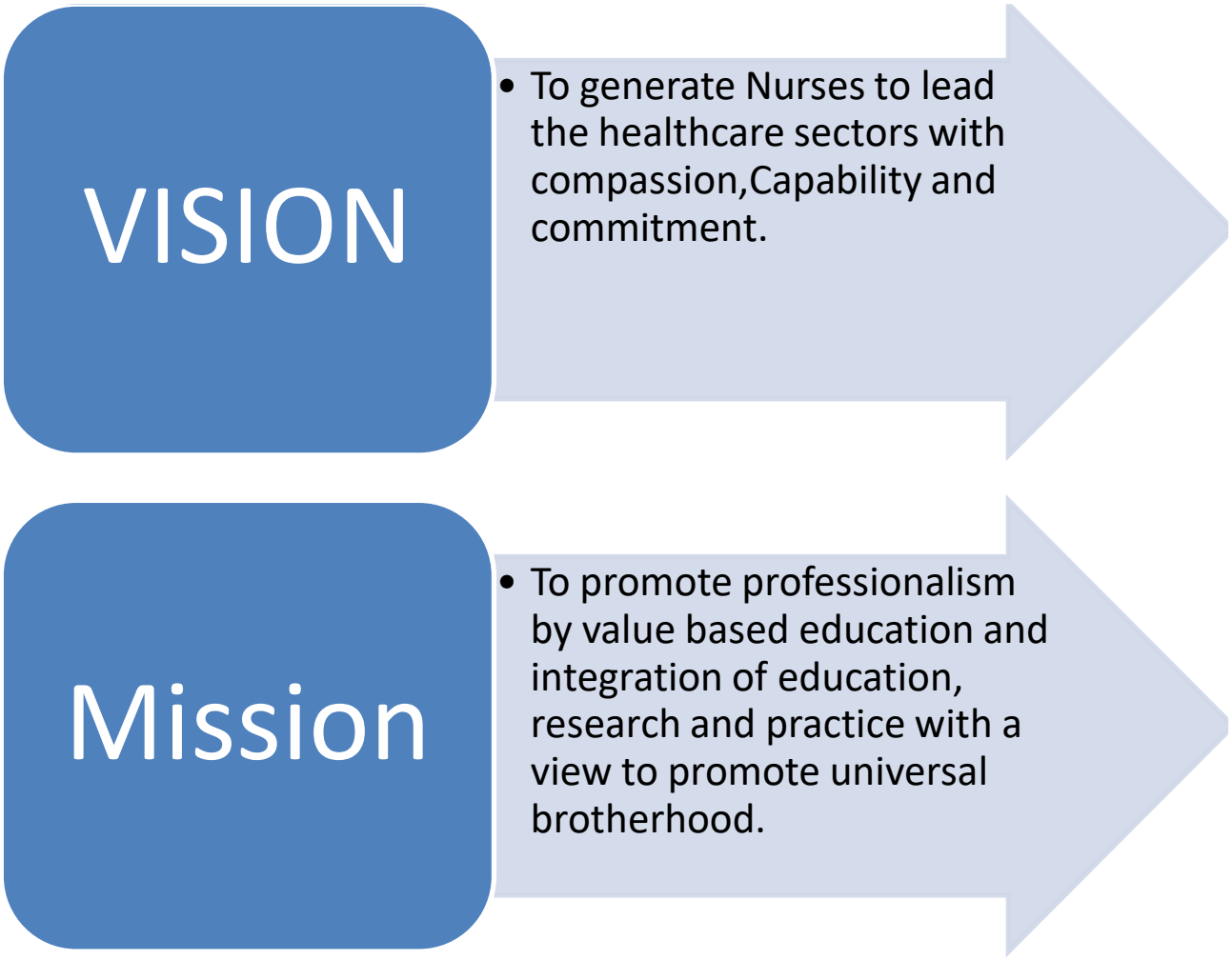
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ANNUAL REPORT

2022-2023


VISION
• To generate Nurses to lead the healthcare sectors with compassion,Capability and commitment.
Mission
• To promote professionalism by value based education and integration of education, research and practice with a view to promote universal brotherhood.

PHILOSOPHY OF THE INSTITUTION

We the faculty of Institute of Nursing Sciences and Research, Malabar Cancer Centre believe that nursing is a human care service focused on the care of individuals, families, and communities to accomplish optimal health and improvement of quality of life of people. We also believe that a Nurse should possess the mandatory qualification of commitment, compassion, competence and in-depth sense of empathetic consideration during the practice. We strongly believe that in accordance with the technological advancement and knowledge explosion, human needs and expectations are ever changing. Despite of all the developments, threats and challenges of health are increasing day by day. We believe that the Nurses, being the key workforce in the Health care delivery system, nursing education should be equipped with knowledge, skill, affection and a vast amount of common sense. We accept as true that nursing research, evidence-based practice and problem-solving abilities must be incorporated in the day to day teaching-learning activities of the institution. We the faculty, believe that by-products of this institution would have a deep sense of dedication and a sense of unconditional acceptance of the individuality poor, unprivileged, abandoned, discriminated and sick disabled people in the society. We strongly believe that the blossom buds must have the capability to understand the importance of love, respect and passionate service to our senior citizens. We intend to develop a new generation of Nurses who can lead health care services in to with their knowledge, wisdom, commitment, compassion and empathy not only within the walls of institution, but in the community bringing in welcome changes in the health scenario of the world.

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Management of MCC

Malabar Cancer Centre is an autonomous Institution, under Department of Health & Family Welfare, by Government of Kerala. The control, administration and management of the Institute shall vest with the Governing body, constituted by the Government of Kerala.

GOVERNING BODY

1.	Chief Minister of Kerala	Chairman
2	Minister for Health & FW, Kerala.	Vice-Chairman
3	Minister for Electricity ,Kerala	Alternate Vice-Chairman
4	Secretary ,Department of Finance ,Kerala	Member
5	Secretary, Department of Power, Kerala	Member
6	Vice Chancellor- Kannur University	Member
7	Secretary, Department of Health &FW,Kerala	Member
8	Aneminent Medical Scientist	Member
9	Secretary, Department of Science, Technology & Environment	Member
10	One nominee of the Ministry of Health ,Government of India	Member
11	Principal, Medical College, Kozhikode	Member
12	Secretary-Planning Department ,Kerala	Member
13	Director- Rajiv Gandhi Centre for Biotechnology, Trivandrum-	Member
14	Director of Medical Education ,Directorate of Medical Education ,Trivandrum	Member
15	Director ,Malabar Cancer Centre, Thalassery.	Member & Secretary To Governing Body
16	M.L.A. of the Thalassery constituency	Member
17	President, District Panchayat ,KannurDistrict	Member
18	Chairman, Thalassery Municipality, Thalassery	Member
19	A public man from North Malabar region(to be nominated By Government of Kerala)	Member
20	One Head of the Department nominated from Malabar Cancer centre, Thalassery by the Government.	Member
21	One nominee of the CHARITABLE SOCIETY Established for rehabilitation and financial assistance for poor cancer patients.	Member
22	Principal/Chief Executive Officer of Medical College, Pariyaram	Member
23	Director, Regional Cancer Centre, Trivandrum	Member

Executive Committee (MCC)

There is also an **Executive Committee** headed by the Secretary, Department of Health & Family Welfare, Govt. of Kerala to look into the day today affairs as well as to streamline the activities of Malabar Cancer Centre, Thalassery.

Executive Committee members:

1.	Secretary, Health and Family Welfare Department, Government of Kerala	Chairman
2.	Secretary, Finance Department, Government of Kerala	Member
3.	Secretary, Planning &Economic Affairs Department ,Government of Kerala	Member
4.	Secretary, Power Department Government of Kerala	Member
5.	MLA of the constituency in which MCC is situated	Member
6.	Director of Medical Education	Member
7.	Chairman, Thalassery Municipality	Member
8.	Director–Regional Cancer Centre, Thiruvananthapuram	Member
9.	Director-Cochin Cancer Centre & Research Centre, Kochi	Member
10.	Director, Malabar Cancer Centre, Thalassery	Member/Convenor

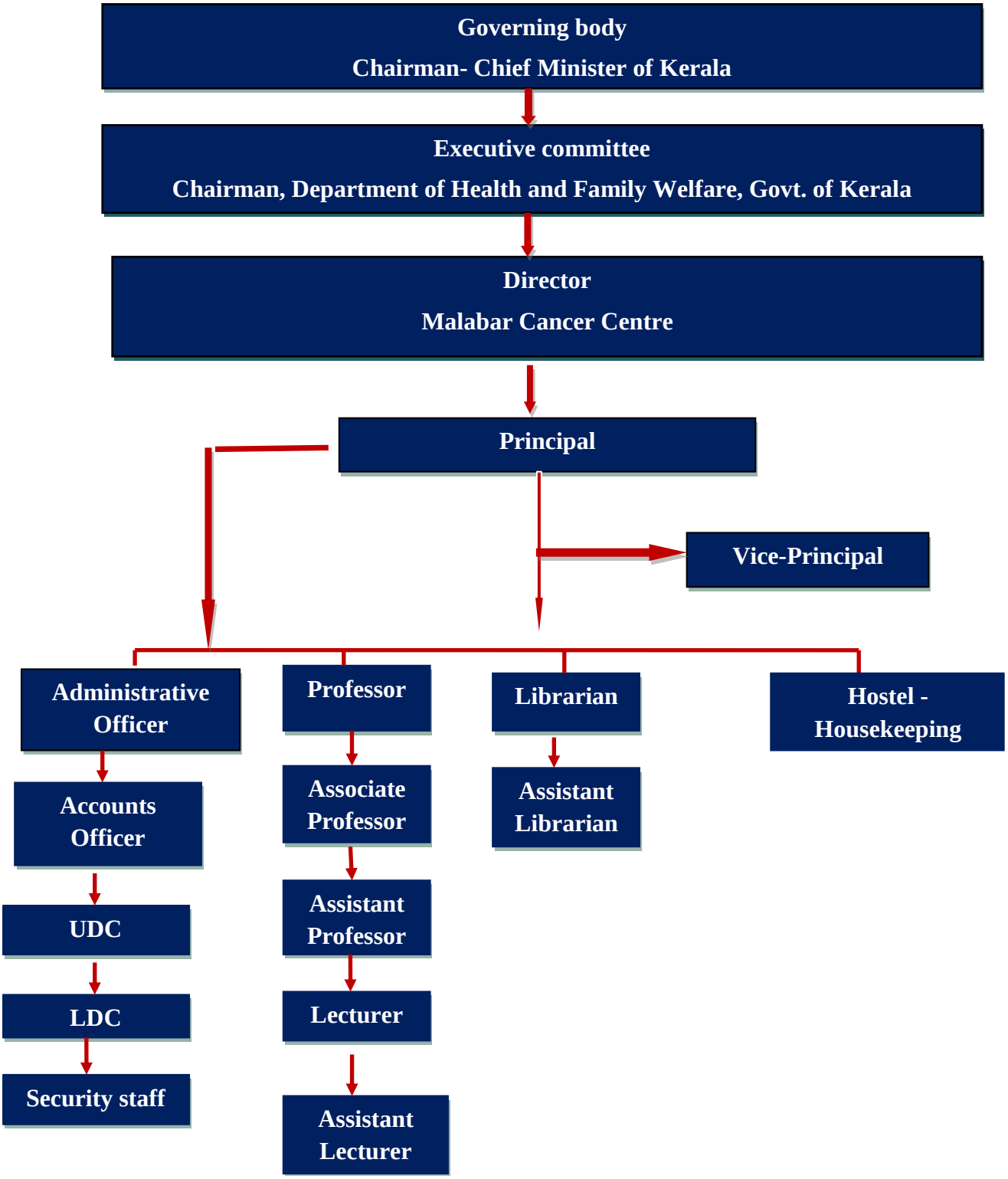
MANAGEMENT OF INSTITUTE OF NURSING SCIENCES AND RESEARCH, MALABAR CANCER CENTRE (INSeR, MCC)

INSeR, MCC is an independent entity under Malabar Cancer Centre. Various Standing Committees, within the Institution, shall manage the administrative and academic aspect of the Institution .The overall activities, policy making, budget etc. will be governed by Administrative Council of INSeR.

The Administrative Council is constituted as follows:-

SI. no	MEMBER	DESIGNATION
1	Director–Malabar Cancer Centre	Chairman
2	Principal–INSeR ,MCC	Vice Chairman
3	Vice Principal–INSeR ,MCC	Convener and Member Secretary
4	Two H.O.Ds of Nursing College-Associate Professor or above	Member
5	One HOD from anyone Clinical Department of MCC	Member
6	Nursing Superintendent/Chief Nursing Officer–MCC	Member
7	Administrative Officer-INSeR, MCC	Member
8	Administrative Officer–MCC	Member
9	Finance Officer/Accounts Officer–MCC	Member

ORGANIZATION CHART
INSTITUTE OF NURSING SCIENCES AND RESEARCH
MALABAR CANCER CENTRE



FROM DIRECTOR'S DESK

FROM PRINCIPAL'S DESK



The whole purpose of education is to turn mirrors into windows.

- ***Sydney J. Harris***

It gives me great pleasure in presenting the INSeR MCC annual report, which details the organization's growth and accomplishments for 2022-23. I give thanks to God for all of his blessings on our institutions, and I am extremely appreciative of and grateful to our Director, Dr. Satheesan B. for his ongoing support of all of our initiatives, accomplishments, and successes. There have been a lot of noteworthy events and success stories this year. This can be credited to the hard work and sense of unity displayed by the staff, students and Management.

Education is a lifetime process that fosters an understanding of moral and ethical ideals to direct one's life in a positive direction, not only a process of imparting knowledge for a future career. We at INSeR MCC put an emphasis on our students' whole personality development by encouraging them to participate in co-curricular and extracurricular activities in addition to academics. With this in mind, we have developed a number of skill-development programs and courses that are valuable to students and provide them the foundational skills they need to successfully navigate a variety of obstacles and achieve a rewarding career.

I appreciate the support and guidance of the Governing body, Executive committee, various standing committees, parents, teaching and non-teaching staffs and students for the growth of our institution. Having confidence that our philosophy and long-term goals will elevate us to the pinnacle of excellence in nursing education we realize the significance of the words of Lao Tzu 'Do the difficult things while they are easy and do the great things while they are small. A journey of a thousand miles begins with a single step'.



FROM VICE PRINCIPAL'S DESK

"Education is the art of making man ethical."

George Wilhelm Friedrich Hegel.

Education is one of the most important issues concerning the progress of the country. It is indeed very commendable that our institution stands in support of serving the nation in such a glorious way by training our nursing students in providing professionals and representatives of high standard in transforming health care system. It feels extremely happy and privileged to be a part of the magnificent educational institution, being associated with it . I gratefully acknowledge the services of my predecessors, dedicated faculty, staff and supporting parents and well-wishers of INSeR and I am proud and pleased to inform you all that INSeR, MCC is one of those nursing colleges which provides ample of opportunities along with value based wholesome quality nursing education to nurture inner potentials of every student nurse.

I wish the best of fortune, peace and prosperity to all those who contribute to the noble task of spreading nursing education and its manifest qualities, aims and objectives.

I express my sincere thanks to all members of governing body, executive committee and other standing committee, for their constant support and guidance. I would like to express my heartfelt gratitude to Dr. B. Satheesan, Director, Malabar Cancer Centre, a great visionary personality whose effort led to the stone of this institution. You have been a tremendous mentor and your advice have been invaluable in nurturing INSeR, MCC, a nursing institution in the state of Kerala.

I would like to express my deep appreciation for all the invaluable support, encouragement, guidance, help and advice by Prof. Dr. Rohini T Principal INSeR, MCC. I express my appreciation for her precious encouragement and her endless invaluable support and taking this institution towards a paradigm.

ABOUT INSeR

Institute of Nursing Sciences and Research, Malabar Cancer Centre (INSeR) was incepted in the year 2018 which resonates under Malabar Cancer Centre, the apex institution in Oncology, with the influence of great visionary Dr. Satheesan B, Director Malabar Cancer Centre, Thalassery. Moreover, the devoted direction of the former Principal Dr. Pavithran Rayaroth imparts an active and collaborative learning activity that makes the difference to Nursing education and Human Development. Institute of Nursing Sciences and Research, Malabar Cancer Centre is focused on moulding students in caring the sick and managing preventive, promotive and rehabilitative health desires of clients. Nursing is mounting with the current trends and other technological advancements present in the health care delivery system. We raise our graduates not only merely as nurse, but also as a better human and equip our students with courage to face any critical situation, without panic. INSeR has been recognized by Indian Nursing Council, Kerala Nurses &Midwives Council, and is affiliated to KUHS University.



OUR DEPARTMENTS

- Medical Surgical Nursing
- Child Health Nursing
- Obstetric and Gynecological Nursing

- Mental Health Nursing
- Community Health Nursing

PROGRAMMES

Our College of Nursing functions with the vision to generate nurse leaders who shoulder the task of frontline fighters in the healthcare revolution with compassion, capability and commitment. We are currently training 159 BSc Nursing students. Our programmes include

- BSc Nursing: The annual uptake includes 40 students and 8 supernumerary students (Under Prime Minister's Special Scholarship Scheme). The duration of course is 4 years. The course is recognized by Indian Nursing Council, Kerala Nurses and Midwives Council and is affiliated to Kerala University of Health Sciences.
- Post Basic Diploma in Oncology Nursing: Institute Of Nursing Sciences and Research offers Post Basic Diploma in Oncology nursing with a total annual uptake of 10 students. The duration of course is 1 year and it is approved by INC and KNMC. The examination is held by Kerala Nurses and midwives Council.

Results /academic achievements

In the current year all the batches have obtained good results in the examination conducted by the KUHS,

- III Year(2018 batch) – 84%
- II Year(2019 batch) - 90%
- I Year(2020 batch) - 57%

ACADEMIC PLAN AND IMPLEMENTATION

Our College of Nursing functions with a vision to generate nurse leaders who shoulder the task of frontline fighters in the healthcare revolution with compassion, capability and commitment. We are currently training 159 BSc. Nursing students. Master Rotation plan has been planned for I, II, III & IV years separately and it is been implemented. Nursing subjects are taken by our nursing faculty & non-nursing subjects (Anatomy, Physiology ,Biochemistry ,Sociology, Psychology ,Nutrition, Pharmacology ,Statistics) are dealt by external faculty.



DEPARTMENT OF MEDICAL SURGICAL NURSING (MSN)

Medical-Surgical Nursing is a specialty nursing practice that focuses on the care of adult patients who are acutely ill, with different medical conditions or diseases and those who are recovering from surgery. MSN has different subdivisions like neuroscience nursing, cardio thoracic nursing, critical care nursing, and oncological and nephro–uorology nursing. The Department of Medical surgical Nursing delineates the beliefs, roles and functions that characterize the specialty practice of nursing profession. The department focuses on to design and implement curriculum to acquire in- depth knowledge and skill needed to function in different settings in providing preventive, promotive and rehabilitative care. The faculty of the department aims at bringing change in attitude and self directed learning to maintain professional standards. We emphasize on incorporating complimentary/alternative therapies in providing comprehensive care considering life span changes and diversity in culture.

OBJECTIVES

1. To equip the students with scientific knowledge and develop proficiency in caring for patients with medical surgical disorders in various health care settings and in community with evidence based practice
2. To equip the students to appreciate the patients as a holistic individual and develop skills to function as specialized medical surgical nurse to assume various roles as a leader.

CURRICULUM ASPECTS

The course is designed to equip the students to review and apply their knowledge of anatomy, physiology, biochemistry and behavioral science in caring for adult patients with medical surgical disorders using nursing process approach and critical thinking. It also intends to develop competencies required for assessment, diagnosis, treatment, nursing management and supportive /palliative care to patient with various medical surgical disorders. Theory hours in the form of class room teaching involves using different methods such as role play, symposium, group discussion etc.

Year	Theory Hours	Practical hours
II year Medical Surgical	 110 110	 440 520
III year	110	400

COMPETENCIES: On the completion of MSN course students will be able to

1. Explain the etiology, pathology, manifestations, diagnostic studies, treatments and complications of common medical and surgical disorders.
2. Perform complete health assessment to establish a data base for providing quality patient care and integrate the knowledge in the nursing process of data collection
3. Perform nursing procedures skillfully and apply scientific principles while giving comprehensive nursing care to the patients
4. Integrating knowledge in caring patients in varies medical and surgical conditions.
5. Demonstrate skill in assisting diagnostic and therapeutic procedures
6. Demonstrate competencies to patient undergoing treatment for medical surgical disorders.
7. Integrate evidence based information while giving nursing care to the patients.

MEDICAL SURGICAL LAB/ ADVANCED SKILL LAB

The lab has been used by the students for procedure demonstration. This hands on experience makes the students more confident to do all therapeutic procedures. The expertise of medical surgical nursing teachers contributing much in demonstrating each procedure to the students will help our students in performing well in there clinical area.

CLINICAL EXPERIENCE FOR THE STUDENTS

Practice competencies: On completion of the clinical practicum the students will be able to apply nursing process and critical thinking in delivering holistic nursing care of adult patients. Our students gain their clinical experience from Govt. Hospital Thalassery, DH Kannur and Malabar Cancer Centre. Students are doing clinical presentations, case presentations, drug presentations etc. 960 clinical hrs in II year and 400 hrs in III year are provided to each student to improve their skill. This will enable the students to recognize the causes, pathophysiology, diagnostic measures and management of patients with complex medical surgical conditions and provide comprehensive care to the patients.

The students will be competent to:

1. Utilize the nursing process in providing care to sick adults in the hospital.
2. Provide comfort and safety to adult patients in the hospital.
3. Maintain safe environment for patients during hospitalization.
4. Explain nursing actions appropriately to the patients and family members.
5. Ensure patient safety while providing nursing procedures.

CLASSES AND TRAINING PRORAMMES

Different teaching learning methods are used during teaching learning process which includes Lecture method, role-play, demonstration, seminar, panel discussion, group discussion, symposium, and field trip. Knowledge of the students is assessed periodically by conducting unit test, sessional exams and model exam for theory as well as for practical.

PUBLICATIONS

Rohini T, Balachandran R. Challenges faced and lessons learned by nursing professionals during Covid 19 pandemic in India: A quantitative content analysis, Nursing Journal of India. Vol 113(6):Nov Dec2022:256-260.

CONFERENCE/SEMINAR/WORKSHOPS/PRESENTATIONS

Sl.No	Name	Name of the programme	Organized by	Date
1	Prof.Dr.Rohini T (Resource person)	Neuro summit 2022;The trauma and tumor the brain	College of Nursing Thalassery & Dept. of Neuro surgery TCH	20.09.2022
2	Prof.Dr.Rohini T (Resource person)	Overview of theories in Nursing	Chitkara school of Health Sciences, Chitkara University, Punjab	30.09.2022
3	Prof.Dr.Rohini T (Resource person)	International webinar on application of Nursing theories	SPHE College of Nursing, Punjab	14.10.2022

STAFFS

We here 5 medical surgical experts are teaching the subjects. Our staffs from parent hospital also contribute valuable suggestions in the clinical setting

S.No	Name	Designation
1.	Prof.Dr.Rohini.T	Principal
2.	Prof. Dr.Hanibernia.s	Professor
3.	Mrs Annu Pinto	Asst .Professor
4.	Mrs.Neenu Pradeep T K	Lecturer
5.	Mrs.Reshma C.R	Lecturer
6.	Mrs.Akhina N.P	Asst .Lecturer



DEPARTMENT OF MENTAL HEALTH NURSING

Department of Mental Health Nursing (Psychiatric Nursing) renders academic services to under graduate students and conducts educational and awareness programs for the public. The department under the experienced faculty provides education to the students regarding various psychiatric disorders, its management and the roles played by psychiatric nurses in caring for the clients. It enables the students to develop confidence in dealing with the clients and to consider the client as an individual. The department also prepares the students to function effectively as psychiatric nurse, educator, researcher and a counselor for dealing the minor problems of the clients and family.

OBJECTIVES

Equip the students to

- Develop an understanding of scientific approach to maintain mental health, prevention and management of common mental health problems.
- Describe the psychopathology, clinical manifestations and treatment of the mental illness.
- Develop positive attitude towards mental health, mental illness and the mentally ill.
- Provide comprehensive nursing care to Psychiatric patients.
- Identify the role of the psychiatric nurse in different setting.

CURRICULUM ASPECTS

The students under our department were third year B.Sc. Nursing students, 39 in number. As part of the curriculum 110 hours of classes on psychiatric nursing and 360 hours of clinical experience were provided to the group. The core competencies on which the department concentrated while providing education for students were:

Core competencies

- Psychiatric interview & history collection
- Mental status examination
- Recording therapeutic communication
- Therapeutic relationship
- Psychotropic medication administration
- Nursing management of clients
- Psychiatric emergencies management
- Psycho-education
- Counselling

Classes and training program

Different methods like lecture method, discussion, role play, observation visit, debate, seminar and presentations were used for teaching the students.

Clinical experience

The students were provided with 2 months of clinical experience at IQRAA centre for Psychiatric care & Rehabilitation. During the period of clinical postings, the students got the opportunity to care for clients with different conditions; Schizophrenia, BPAD, RDD, Anxiety disorders, ADS, Substance abuse disorders etc.

Student also got the opportunity to observe and participate in various therapies like ECT, Aversion therapy, Counselling, Behaviour therapy, child guidance activities and in rehabilitative activities.

Academic achievements / Results

An excellent result in university examination in Mental health nursing with pass percentage of 97% was present; out of 39 students who appeared for the University examination; 38 passed with good marks.

ACTIVITIES / AWARENESS PROGRAMM

- Conducted psycho-education and interactive sessions for inpatients and family members at IQRAA centre for Psychiatric care & Rehabilitation during the clinical training period in November and December 2022.

- Organising structured exercise programs and rehabilitative activities for inpatients IQRAA centre for Psychiatric care & Rehabilitation during the clinical training period in November and December 2022.

- Observed the international yoga day on 21st June 2022 at INSeR. Yoga master Mr. Raveendran took a session on yoga techniques to enhance attention and memory for student and faculty.

- Educational visit to K.E Safiya autism centre at Kidaramkunnu, Thalassery.

- Educational visit to Samaritan old age home, Thalassery and organizing interaction sessions and relaxation activities for the inmates.

- Observed the world Mental Health Day on 10th October 2022 & conducted public awareness skit at Urban Primary Health Centre, Kolassery, Thalassery.

FACULTY

Sl no.	Name	Designation
1	Dr.Binuja.P	Associate Professor
2	Mrs. Sreetha. P	Lecturer

The Mental Health Nursing Department being the integral part of INSeR functions in association with other departments under the guidance of Dr. Rohini. T, Principal, INSeR, MCC, Thalassery. In this academic year through organizing educational services for the students and mental health awareness programs for public Mental Health Nursing Department was functioning effectively and fruitfully.



DEPARTMENT OF OBSTETRICS AND GYNAECOLOGICAL NURSING

Obstetrics and Gynaecological Nursing is a speciality of caring for women during pregnancy, childbirth and postpartum period. To have healthy children, it is important to promote the health of the childbearing women and their families from the time before childbirth. Prenatal care and guidance is essential to the health of women, the fetus and to the emotional preparation of the family for childrearing. Prompt and efficient care helps to reduce maternal mortality and morbidity.

The obstetrics and gynaecological department is designed for graduate students to develop in-depth knowledge and skill of students in different settings of maternity nursing, including physical and psychological aspect of parenting. The curricula are constantly updated to meet the changing requirements of the health care demands. The department provides opportunities for academic and experiential learning for the students in professional and personal growth in times of globalization and rapid educational change. It also prepares our students to function as effective educators, managers and researchers in the field of maternity nursing.

OBJECTIVES

- To develop methods to monitor and evaluate midwifery skills of the faculty and students.
- To demonstrate competency in maternity skills which promote quality care to the women and child
- To demonstrate ethics in practice and research.

- To communicate effectively with diverse audiences, especially with low–income families with limited access to quality health services.

CURRICULUM ASPECTS

Placement	**Theory** **Hours**	**Practical** **hours**
IV th year B.Sc Nursing	**Obstetrics :100hrs** **Gynaecology :30hrs**	**Obstetrics :480hrs** **Gynaecology:160hrs**
Total hours	**130HRS**	**640**

TEACHING AND LEARNING METHODS

- Lecture method
- Role play
- Demonstration
- Seminar
- Discussion
- Field trip

REVISION TECHNIQUES FOR PREPARATION OF UNIVERSITY EXAM

- Units are revised as per the syllabus and discussed regarding important topics.
- Emphasis on difficult areas of topics
- Discussions made regarding previous question paper
- Allotted time for self learning

- For practical sessions we divided the students into 4 groups, different topics were selected from there clinical requirements and given to each groups. Competitions where conducted among the groups

OBSTETRICS AND GYNAECOLOGICAL LAB

Antenatal, postnatal assessment, procedures demonstration is provided to the students, As this will provide more confident to the students to perform well during their clinical posting.

CLINICAL FACILITIES

The students received adequate clinical experiences related to obstetrics and gynecology) from District hospital (Kannur) and General hospital (Thalassery). We have gynecological posting in our parent hospital - Malabar Medical Centre. Students received very good clinical experiences and were also provided with facilities for doing all the procedures for improving the quality of life of patients.

CLINICAL EXPERIENCE FOR THE STUDENTS

LAB FACILITIES:

- Labour dummies
- Mother and newborn mannequin
- All the articles for Antenatal, Postnatal, Labour and Gynaecological Assessment
- Charts and models

ACADEMIC PROGRAMMS

On 03.03.2023 Sexual and reproductive health awareness day was celebrated by conducting an awareness class on menstrual hygiene and PCOD by IV year BSc. Nursing students.

- Breastfeeding week “was celebrated on 08.07.2022 by B.sc (N) IV Year. Students conducted a role play at GH Thalassery on the importance of breast feeding.

FACULTY DETAILS

Sl.No	**Name of the faculty**	**Designation**
1.	Mrs. Anju. P.P	Assistant Professor
2.	Mrs. Linju T.K	Lecturer
3.	Mrs. Athira Mohan	Lecturer
4.	Mrs. Arya .V	Lecturer



Department Of Child Health Nursing

The department of Child Health (Paediatric) Nursing provides teaching within the framework of the curriculum of Kerala University of Health Sciences and the Indian Nursing council (INC).

The department provides student-centered teaching and learning in conducive atmosphere that helps the students to gain confidence in their nursing knowledge and skills. The department is concerned with training the students in developing the knowledge and skills required to respond to health care needs of infants and children and their family in a variety of settings. Importance is given to the evidence based practice and safeguarding the health of child and the family. The courses offer the students the opportunity to identify the needs of children and provide comprehensive care.

OBJECTIVES

At the end of the course, the students will be able to:

1. Explain the modern concept of child care and the principles of child health nursing.

2. Describe the normal growth and development of children in various age groups.

3. Explain the physiological response of body to disease conditions in children.

4. Identify the health needs and problems of neonates and children, plan and implement appropriate nursing interventions.

5. Identify the various preventive, promotive and rehabilitative aspects of child care and apply them in providing nursing care to children in the hospital and in the community.

CURRICULUM ASPECTS

This course provides a family theory and nursing process framework for examining families in the child-rearing years from infancy through adolescence. Individual, societal, cultural, and environmental variables and health care disparities relating to child-rearing and parenting are identified. Delivery of nursing care adapted to the unique health and developmental needs of children and their families is the clinical focus, with a goal of maximizing the health potential of young families. There is a strong health promotion, risk reduction, and disease prevention component.

Competencies- On the completion of CHN course students will be able to

1. Explain the concept of child care.
2. Describe the principles of child health nursing, recognize the difference between child and adult nursing
3. Discuss the child welfare programmes. Recognize universal Immunization programme. Explain the activities of preventive clinics
4. Describe the normal growth & development of children at different age. Appreciate the role of play for normal & sick children, discuss the Nutritional needs of infants & children and explain the nursing management of children with various nutritional disorders
5. Explain the nursing management of normal/ high risk neonate, perform neonatal resuscitation, recognize and manage common neonatal problem and identify the reactions of child and family towards hospitalization and illness
6. Describe the nursing management of children with common childhood disorders.
7. Perform nursing procedures and apply scientific principles while giving comprehensive nursing care to the children.
8. Integrating knowledge in caring children with various medical and surgical conditions.
9. Demonstrate skill in assisting diagnostic and therapeutic procedure in pediatric clients

HOURS THEORY/PRACTICAL

During the academic year,140 hours of Lecture plus 400 hours of Clinical and Lab hours were provided to students.

CLINICAL FACILITIES

Child Health Nursing postings is arranged in the Institute of Maternal and Child Health (IMCH), Govt. medical college hospital, Calicut and at General Hospital, Thalassery

TEACHING LEARNING STRATEGIES

The department provides a blended learning approach to the students. Some of the teaching techniques used were as follows

- Lecture
- Demonstration
- Simulations
- Role-Play
- Debate
- Case Study

PERIODICAL EVALUATION

There is periodic evaluation of the total curriculum and continuous evaluation of its different parts.

OUR PEDIATRIC EXPERTS

We have a dedicated team of teachers. Our parent hospital experts from pediatric division also contribute their valuable suggestions during the clinical posting of students.

- Prof. Hina Hyder, Vice Principal, INSeR
- Dr. Simi Mohan JS, Associate Professor, INSeR
- Mrs Sushree, Asst Lecturer, INSeR

DEPARTMENT OF COMMUNITY HEALTH NURSING

The Department of Community Health Nursing is one among the five departments of Faculty of Nursing, Institute of Nursing sciences and Research(INSeR). The department actively participates in training, service, and research in the field of community health nursing. The field training is imparted in both rural and urban areas. The rural community health training was given at Government Community Health Centre, Panniyannoor and Community health Centre, Panoor. The community health service provides preventive, curative, rehabilitative and referral services to the residents of these villages. The urban health services are provided through the Urban Primary health centre, Kolassery. The department actively participates in all national health programmes implemented by Government of India and State government. The department has an excellent infrastructure to aid teaching and learning activities.

The course is designed for students to practice community health nursing for the individual, family and groups at both urban and rural settings by using concepts and principles of health and community health nursing. The allotted theory and practical hours for the subjects are 100 hrs and 320 hrs respectively

OBJECTIVES

1. Explore the evolution of public health in India and community health nursing

2. Explain the concepts and determinants of health

3. Identify the levels of prevention and health problems of India

4. Develop basic understanding about the health care planning and the present health care delivery system in India at various levels

5. Locate the significance of primary health care and comprehensive primary health care as part of current health care delivery system focus

6. Discuss health care policies and regulations in India

7. Demonstrate understanding about an overview of environmental science, environmental health and sanitation

8. Demonstrate skill in nutritional assessment for different age groups in the community and provide appropriate nutritional counseling

9. Provide health education to individuals and families applying the principles and techniques of behavior change appropriate to community settings

10. Describe community health nursing approaches and concepts.

11. Describe the role and responsibilities of community health nursing personnel

12. Utilize the knowledge and skills in providing comprehensive primary health care across the life span at various settings

13. Make effective home visits applying principles and methods used for home visiting

14. Use epidemiological approach in community diagnosis

15. Utilize the knowledge of epidemiology, epidemiological approaches in caring for people with communicable and non- communicable diseases

16. Investigate an epidemic of communicable diseases

17. Assess, diagnose, manage and refer clients for various communicable and non communicable diseases appropriately at the primary health care level

18. Identify and perform the roles and responsibilities of nurses in implementing various national health programs in the community for the prevention, control and management of communicable and non-communicable diseases particularly in screening, identification, primary management and referral to a health facility/First Referral Unit (FRU).

ACADEMIC PROGRAMMES

- For the academic excellence of the students we are conducting three internal exams and one model exam for each batch of students in an academic year including unit tests.
- For developing practical skill and community participation students participates in various health programmes in the community people and health centres in the respective areas of field visit.

- Conducting health camps in accordance with community health nursing practical.
- To meet the required practical hours, students were sent to General Hospital, Thalassery, Community Health Centre, Panoor and Pannyanoor and also Urban Community health Centre, Kolassery.

ACTIVITIES CONDUCTED BY COMMUNITY HEALTH NURSING DEPARTMENT

- Community health survey
- Home visit
- School health programme based on personal hygiene
- Non Communicable Disease clinic camp conducted at Primary Health Centre, Pannyannur, Kannur
- **Institutional visits Milma and TB centre, Kannur November 16th.**
- **Handwashing day programme was celebrated on October 15th at P.R. Memorial H.S. Panoor, Kannur and Urban Primary health centre, Kolassery.**

- **Observational Visit to RUHSA, CMC –VELLORE ON DECEMBER 2022**



LIBRARY AND LEARNING CENTRE

The INSeR Library is committed to providing quality service and an excellent collection of materials to support the mission, goals, educational, and research needs of students, staff, faculty, administration, and community users and in support of the College's curriculum. A well-stocked and internet enabled library, with extensive collection of books, journals and database is available for the students. The center subscribes to a variety of international journals and databases paving way for a boundless learning experience.

There is ample space for the students to read and take notes. The reading room of the library now includes 60 seats and 15 tables, which allows it to house 60 pupils at once. Students can access the library's digital collection through its digital library section. The books are arranged on the shelves in a classification system to make it simple for the pupils to find the books they require. The library has a separate reading room for the faculty members and the staff. There are two computers provide for the exclusive use of the faculty members and staff.

All the library users have access to the full text of the subscribed databases such Clinical Key, Ovid, Wiley Online, Springer Nature, and Taylor &Francis.

Information Resources Status as on March 2023

Total Number of Books	3025
Reference Books	1182
General Reading	52
National Journal (Print)	10
International Journal (Print)	05
Online Journals	46

Number of Books Purchased - 320

Number of Books issued – 2039



INFRASTRUCTURE / STAFF ROOM FACILITIES / STUDENTS CLASSROOM / EXAM HALL

The college has a well designed Principal office, Vice Principal office, faculty room and office section, reception and waiting area. There is a separate office for the Principal with attached toilet and provision room. There is a facility for independent telephone and interconnection to the hospital and hostel including internet facility. The office works from from 9.00am to 5.00pm on all days except holidays. The college office caters to all matters related to both the students and staff. It offers services like distribution of university mark list, scholarships, assistance in availing e-grants, registration in professional organization, transcripts, course and conduct certificate, transfer certificates and payment of fees.

Exam hall

INSeR is equipped with examination centre under Kerala University of Health Science. The centre can accommodate students for exam and is equipped with closed circuit television, online access for uploading question papers, printing, scanning machine etc.

Classroom

There are adequate classrooms with the capacity of accommodating students admitted in each class. The rooms are well ventilated and properly lighted. Each classroom is having students chair, table, chalk board, lecture stand, LCD projectors and computer also table and chair for teachers



Faculty rooms

There are spacious teachers' rooms accommodating 7-8 teachers in each room. Separate toilet and hand washing facility is available to the teaching faculty.

LABS

PRE CLINICAL LAB

A comprehensive understanding of human anatomy is necessary for a career as a medical profession. In our institute, the Labs are having proper lighting and good ventilation. The anatomy and physiology lab consist of all the equipment such as adult human articulated skeleton, adult skull, pelvic, heart with large blood vessels, eye with different section, ear with different section, full set of disarticulated adult human skeleton, specimen like gall bladder with gall stones, cyst, appendix, normal uterus, placenta, uterus and sub mucus fibroid etc. and different charts of all the systems. The lab is well furnished in such a way that the students are able to acquire their knowledge through their different demonstrations.

FOUNDATIONS OF NURSING LAB

Our Foundations of Nursing Lab is highly functional and fully furnished which is equipped with various manikins including multi-functioning manikins, CPR manikin with monitor. All the necessary instruments are included in the lab. The lab is with adequate space for performing demonstrations for the students.

ADVANCED SKILL LAB

Advanced skill lab helps the Nursing Students to learn about the new technological advancement change which take place in nursing profession. In our Institute we have a furnished advanced skill lab which includes new developed equipments. E.xamples includes equipment and Instrument, Advanced Cardio Pulmonary Resuscitation Manikin, Crash Cart, Trolley, Advanced manikin in which more than 10 Nursing Procedures can be demonstrated. Before students perform procedure on Human Being they use Advanced skill lab for practice which makes their skill perfect & confident.

OBSTETRICS AND GYNAECOLOGICAL LAB

Obstetrics and Gynecological skill lab at the nursing college provides nursing students with an additional learning resource to meet their educational goals. The lab is equipped with practice manikins including full body Pregnancy Simulator, obstetric manikin, pelvic models, Ultrasonography simulator (Biometric and Gynaecology) as well as high fidelity childbirth simulator. The lab provides students with a realistic, simulated clinical environment to practice and demonstrate competency of selected nursing skills.

PEDIATRIC LAB

Pediatric Nursing laboratory is designed to help the students to develop an understanding of the modern approach to the child care. This lab provides strong foundations for handling the newborns and children with the help of manikins. This lab is equipped with the Pediatric CPR manikins, Pediatric Procedure manikin with all orifices, Baby dolls infantometer, weighing machine, Oxygen hood, Pediatric stethoscope & BP Apparatus with Pediatric Cuff, lot of play materials, various models and adequate articles and equipments to demonstrate the procedures to the students. It helps to develop skill in carrying out and assisting various pediatric procedures in clinical settings and community settings.

COMMUNITY HEALTH NURSING LAB

Community lab is spacious, well ventilated and equipped with healthy environment of learning. The lab consists of all equipment for providing the basic care in term of primary health care like 30 numbers of community bag, maternity kit and others. The lab is arranged with bore hole, sanitary well, deep and shallow well, French latrine, and septic tank models, etc. The student can practice the procedure. Students make effective A.V aids by using various charts like community related bore hole, displayed in community health care and education programmes for raising the health status of the individual.

AV-AIDS LAB

AV-AIDS helps the students to respond actively to the audio-visual so that they derive the maximum benefits in learning. AV aids lab is opened for the students with latest equipment of

OHP, charts, models and different types of boards which can provide high-tech educational media to support the teaching learning activities of the students.

NUTRITION LAB

The nutrition lab is meant to capacitate the scholar nurses to accumulate adequate knowledge for maintenance of optimum health at different stages of life .Our students can assess the nutritional needs, caloric requirement of different age groups and during various disease conditions. The college has a well equipped nutrition lab to provide practical knowledge of how to plan diet keeping in mind the patient needs and requirements. The students are taught to plan the menu scientifically, based on the calorific value of the food materials.

COMPUTER LAB

Nursing has always been a very technically advanced field. Computers are an integral part of hospital and private practice culture, and thus of the nursing profession. As the computer learning is the basic requirement for nurses, we have personal computers with updated soft-wares and internet connections, E-Learning facilities. Students are encouraged to utilize it to maximum. Here we have access to scanned script of the manual exam or online exam and can mark and evaluate answers digitally.

PRE CLINICAL LAB



FOUNDATIONS OF NURSING LAB



ADVANCED SKILL LAB



OBSTETRICS AND GYNAECOLOGICAL LAB



PEDIATRIC LAB



COMMUNITY HEALTH NURSING LAB



NUTRITION LAB



COMPUTER LAB



VARIOUS COMMITTEES AND ACTIVITIES

The various committees as stipulated by State Nursing Council and KUHS are functioning as per the policies. The following are the list of the committees constituted in INSeR.

- College Development Committee
- College Council Committee
- Academic Monitoring Cell/Curriculum Committee
- Disciplinary Committee
- Continuing Nursing Education/ Staff Development Committee
- Journal club
- Grievance Redressal Committee
- Internal Complaints Committee
- College Union
- Student Nurses Association
- PTA (Parents Teacher Association)
- SSGP (Students Support And Guidance Program)
- Hostel Welfare Committee
- Anti-Ragging Committee
- Finishing School
- Red Ribbon Club
- NSS (National Service Scheme)
- Staff welfare committee
- Coordinators meeting
- Departmental committees
- Library committee

In addition we do have INSeR Administrative committee for the prolific discussions and precise decisions that are taken for the staff and students welfare.

CONTINUING NURSING EDUCATION (CNE)

Monthly CNE programs are conducted with the aim to enhance and update the knowledge and skill of all the faculties of College of Nursing and our faculty members presented various topics.



JOURNAL CLUB PRESENTATION

We are conducting journal club among teaching faculties with aim to ameliorate the knowledge and revamped ideas or skills and critique topics in groups that helps to recognize the errors and helps in analyzing and interpret the topic and draw conclusion based on finding. In academic environment journal club presentation and critiques broadens our knowledge and provide a meaningful feedback.

CO-ORDINATORS MEETING

Weekly Coordinators meetings are conducted to know the operational difficulties in academic planning. Objective of this weekly meeting is to assess the effective curriculum delivery, the achievements of departmental goals, learning outcomes and the meeting of targets and benchmarks.

STAFF WELFARE COMMITTEE

In the institution there is an active and functional staff welfare committee under the chair ship of Prof. Dr. Rohini T, Principal, INSeR. We have been conducting faculty meetings every month and discussing about the activities of the institution and staff welfare. All faculties are actively engaging in contributing suggestions during meeting. Also staff welfare committee is extending the hands for appreciating the faculties for achievements, special days as well as those who are in need. Committee is raising fund by collecting contributions from faculties in a monthly basis to meet the expenses.

LIBRARY COMMITTEE

The Library Committee serves as the Library's advising and advocacy agency on general policy, planning, programmes, goals, and objectives in support of the INSeR's needs for teaching, learning, research, and community building. Library Committee consists of Principal INSER as Chairperson, Vice Principal INSeR as Vice Chairperson, Librarian INSeR as Convener and all the HODs and Class Coordinators are the Members. The objectives of the library committee are a) to strengthen the efforts of the librarian in planning library activities and policies b) to take the feedback from the Faculty members and students, and plan for improvement and enrichment of the library c) to act as a liaison between the library and the readers. The committee meets once in month.

COLLEGE DEVELOPMENT COMMITTEE

The college development committee is the apex body of institution that plans and executes the development activities. It determines the program of instructions and internal evaluation and discusses the progress of studies in the College. The prime objective of College Development Committee (CDC) is to prepare a comprehensive development plan of the institute on annual basis like academic, placement, infrastructure, administrative, and admission growth. Frequency of meeting is once in four months.

FINISHING SCHOOL PROGRAMME

The Finishing School Programme is a competency-based pre-employment program designed to provide support and insights to students regarding innovations in the profession. As a part of finishing school, BLS training was given to Nursing students on 10.11.2022. In accordance with Additional Skill Acquisition Programme, soft skill development was given to final year B.Sc. Nursing and B.Sc MRT students on 10.04.2023. Various other soft skill training courses are planned for the future.





STUDENT SUPPORT AND GUIDANCE PROGRAMME

The SSGP provides individualized counseling for personal, career and academic information, activities and instruction designed to acquaint students with career options; exposure to cultural events and academic programs; mentoring programs. Student support and Guidance programme is actively conducted in the college. Each faculty is provided with ten students to identify the problems of students and to solve those problems. Each month the responsible faculty member (Mentor) meet their students (mentee) and obtain information regarding their academic and non-academic matters. They listen, observe and provide counseling if there are any student concerns. The mentors prepare the report and submit the same to the Nodal officer of SSGP. When needed, the students are referred to Clinical psychologist of MCC to help the students.

PARENT TEACHERS ASSOCIATION

The Parent Teachers Association of INSeR actively involves in the development of the students and the organization. Regular executive and class PTA meetings are held based on the formulated PTA bye-laws and SOP's. PTA helps for the smooth working and the progress of the college for maintaining good discipline and high academic standards.

DISCIPLINARY COMMITTEE

The discipline committee is formed to ensure the calm and peaceful academic atmosphere in campus. Objectives of the committee are to develop norms to regulate the behavior of students; to initiate steps to reduce violence, confrontation among students and to encourage good and healthy practices. Discipline committee maintains and enforces strict discipline within the college campus monitors students punctuality to the campus, receives complaints and enquiry to find the truth and takes disciplinary action to those who violate the rules. Decisions are made based on natural justice. If needed special enquiry committees are involving in decision making.

GRIEVENCE REDRESSAL COMMITTEE FOR STUDENTS

As per the direction by the Kerala University of Health Sciences, Institute Of Nursing Sciences And Research, Malabar Cancer Centre has constituted Grievance Redressal Committee for students. Once in every 4 months, the committee conducts a meeting for grievance redressal to address the grievances related to students problems and provide solutions to resolve the same. All the grievances by the students were thus discussed in the committee and measures were undertaken to resolve these by discussing with the Principal.

RED RIBBON CLUB

Red Ribbon Club is a movement started by the government of India in schools and colleges through which students spread awareness over HIV/AIDS. As per the instructions given by Kerala Nurses and Midwives Council INSeR also took initiative to start this club with main objective of this club is to eliminate HIV/AIDS within 2025. The main objectives are to observe World AIDS day & Blood donation day and to spread awareness about HIV/AIDS among public.



COLLEGE UNION

The college union is an elected body of students of the college for the promotion of the practice of democracy and leadership. The college union activities offer students opportunities to grow in cooperation with others in areas of services to fellow human beings. The college union consists of Chairman, Vice Chairman, Secretary, Joint Secretary, Arts club Secretary, Sports club Secretary, Magazine editor, one Union Councilor and four representatives for UG. The Union functions under the guidance of staff advisors appointed by the Principal.

The college has sectional associations in each department. The college student council or more popularly known as the union brings the best out of the students by organizing cultural and sports competitions. The term of the union assumes office until the date of elections which are conducted in the next subsequent year.

OBJECTIVES

- The aim of the union is to help students engage themselves in meaningful pursuits outside the co- curricular programs of the college and to provide opportunities for training as good citizens.
- The union will try to achieve this aim through meaningful programs.
- To promote opportunities for the development of character, leadership, efficiency, knowledge and spirit.
- To encourage arts and other cultural, educational and recreational activities among students.
- To work for the general welfare of the students community
- To identify talents in students and to develop them in the needed directions for the representation of college events.
- To develop the sense of democracy and leadership qualities in students.

Following are the elected members of the College Union for the Academic Year 2022-2023

Sl.no	Various post	Name of the elected members
1.	Chairman	Sruthi Subash
2.	Vice Chairman General	Athul Raj
3.	Vice Chairman Reserved For Women	Stephy Mathew
4.	Secretary	Elcita Anne Vincent
5.	Joint Secretary	Anumol Skaria
6.	Arts club Secretary	Siya Sairus
7.	Sports club secretary	Eldo James
8.	Magazine editor	Kadeejath Fazna Saleem
9.	Secretaries Of Various College Associations	Abhinav SS
10.	One representatives from each UG Course	Arya ramanan (fourth year) Tintu P T (Third year) Vyshnavi M(second year) Muhammed Suhail (first year)

ACTIVITIES

ONAM CELEBRATION

Onam celebration in the college was organized in a grand and traditional manner on 02-09-2022 amidst great cheer and cultural programs. The “athapookkalam” was laid in the college auditorium by the union members.



X’mas CELEBRATION

X’mas programme was celebrated on 22-12-2022. The programme started at 2.30 pm with carol competition. Two teams participated in the competitions from 4th year and 2nd year B.Sc Nursing. Dr. Rohini .T, Principal INSeR addressed the students and conveyed the Christmas message. After the cake cutting, prize distribution was done to winners of carol team.







THE NATIONAL SERVICE SCHEME (NSS)

The National Service Scheme (NSS) is a Central Sector Scheme of Government of India, Ministry of Youth Affairs & Sports. It provides opportunity to the student youth of 11th & 12th Class of schools at +2 Board level and student youth of Technical Institution, Graduate & Post Graduate at colleges and University level of India to take part in various government led community service activities & programmes. The sole aim of the NSS is to provide hands on experience to young students in delivering community service. All the youth volunteers who opt to serve the nation through the NSS led community service wear the NSS badge with pride and a sense of responsibility towards helping needy

Objectives of NSS are

- Understand The Community In Which They Work
- Understand Themselves In Relation To Their Community
- Identify The Needs And Problems Of The Community And Involve Them In Problem-Solving
- Develop Among Themselves A Sense Of Social And Civic Responsibility
- Utilise Their Knowledge In Finding Practical Solutions To Individual And Community Problems
- Develop Competence Required For Group-Living And Sharing Of Responsibilities
- Gain Skills In Mobilising Community Participation
- Acquire Leadership Qualities And Democratic Attitudes
- Develop Capacity To Meet Emergencies And Natural Disasters And
- Practise National Integration And Social Harmony

Name of the College with NSS Registration No: Institute of Nursing Sciences & Research, Malabar Cancer Centre Unit No:NSS/SFU/KNR/KUHS/8

Name of Programme Officer : Tittu Sebastian

Sl. No.	Date	Activity conducted (Name of the Activity)	No. of Volunteers Participants	No. of Hours performed
1	08/03/2022	International Women's Day Celebration & NSS Unit Inauguration elocution competition conducted and prizes were distributed .	50	04Hrs
2	22/03/2022	World Water Day celebration at Panniyanoor Gram Panchayath. Wastes dumped into water resources were removed and sorted into different bags and send to waste management site.	40	04Hrs
3	24/03/2022	World Tuberculosis Day Celebration. Poster competition organized and prizes were distributed	40	02Hrs
4	07/04/2022	World Health Day Celebration Quiz competition for BSc Nursing students was conducted	120	02Hrs
5	11/04/2022	World Safe Motherhood Day Celebration. Seminar on various aspects of safe motherhood organized	120	02Hrs
6	12/05/2022	Nurses Day celebration .NSS volunteers conducted Seminar on the topic oncology nursing to know how exel, lead and innovate	40	06Hrs

		and awarded with certificate.		
7	05/06/2022	World Environment Day Tree saplings were planted in the campus of both INSeR and MCC.	50	04Hrs
8	14/06/2022	World Blood Doner Day Celebration Flash mob organised.	40	02Hrs
9	21/06/2022	International Yoga Day Celebration Yoga awareness class and practice session conducted.	25	02Hrs
10	26/06/2022	Drug Abuse day celebration Awareness class conducted by police officers .	120	03 Hrs
11	26/11/2022	Self Defence Masters Training Programme Training session was dealt by four lady police officers.	33	03 Hrs
12	10/12/2022	Discussion Session on Anti-Drug Abuse conducted among students	4	03 Hrs
13	09/01/2023	Antidrug campaign programme Flash mob session conducted.	15	30 minutes
14	04/03/2023	International Womens Day celebration Volunteers visited MAHILA MANDIR Thalassery and gifted a few essentials	10	02 Hrs
15	04/04/23	World health day Celebration Skit programme organised by the students	7	20 minutes


INSTITUTE OF NURSING SCIENCES AND RESEARCH
ASSOCIATION


GPS Map Camera
New Mahe, Kerala, India
QG2C+JW, Illathaazha, New Mahe, Kerala 670102, India
Lat 11.750722°
Long 75.522757°
05/06/23 11:40 AM GMT +05:30
Google



STUDENT NURSES ASSOCIATION

The Student Nurses' Association of India (SNAI) is an affiliated association of the student nurses under the umbrella of TNAI. SNAI was established in 1929 during TNAI Annual Conference in Madras. Miss L.N.Jeans, Nursing Superintendent, Government General Hospital, Madras, was the first Honorary Organizing Secretary of SNAI. The pioneer unit of SNA was established in General Hospital, Madras. The first SNA annual Conference was held in Delhi during November 1932.

The main purpose behind the establishment of SNAI was to uphold the dignity and to promote a team spirit among students with professional ethics. It encourages the students to gain a positive attitude towards nursing profession and develop leadership qualities. It also helps students to participate and compete in various events at state, regional and national conferences.

Executive Members of S.N.A. during 2022

SL.NO	NAME	POST
1.	Mrs. Rehana Jobby	Acting President
2.	Mrs. Linju.T.K	Principal Advisor
3.	Ms.Alna Abraham	Vice President
4.	Mr. Abhinav. S.S	Secretary
5.	Ms.Jilna Jose	Joint Secretary
6.	Ms.Nikhitha	Treasurer

7	Ms.Navya	Program Coordinator
8	Ms.Anagha.R.L	Class representative – IV Year B.Sc.(N)
9	Ms.Vinnie Maria	Class representative – III Year B.Sc.(N)
10	Ms.Sandra	Class representative – II Year B.Sc.(N)
11	Ms.Ancy Nixon	Class representative – I Year B.Sc.(N)

Activities:

1. **Session on Cybercrime & Anti ragging awareness:**

An Anti-ragging awareness programme was organized in the college on 24th May 2022. This was done in association with the Kerala police department. Mr Vishnu Pradeep (Assistant Commissioner of Police) has chaired this session. Cybercrime preventive measures were also educated for the gathering. Reemphasis session was conducted on 17.11.2022 for the senior students before the 2022 nursing admission and it was conducted by the Superintendent of Police of Thalassery Station, Mr Najeeb.

2. **Seminar:**

On the World Drug Abuse day (28.06.2022), a seminar on "Addressing drug challenges in health and humanitarian crisis" was taken by Mr.K.K.Shameer, Civil Excise Officer, Thalassery. It was an interactive and informative session.

3. **Training Programme:**

As there is a surge in the number of crimes committed against women, a self-defence training program was organized for the nursing students on 26.11.2022. This was a collective initiative of various college committees along with the Police Department of New Mahe. Mr.Vikas.P (Sub Inspector of Police, New Mahe) inaugurated the program. This was followed by a lecture and a training session by lady police experts.

To decrease the incidence of Road Traffic Accidents, a 'Traffic Awareness Program' was conducted on 17.03.2023 with the support of Kerala Police. Mr.Baburaj (Superintendent of Police, Kathiroor) has chaired the session.



4. <u>Arts & Sports:</u>

The student community of INSeR has actively participated in all the cultural and sports competitions conducted. Unit level competitions including arts and sports were conducted and the winners were sent for zonal level competitions.





<u>The winners of zonal level intercollegiate competitions</u>

1. Ms.Sneha Sunny(III year) : I prize for Essay writing (English)
2. Ms.Sariga (III year) : 3rd prize for on the spot painting.
3. Ms. Khadeejath Fazna (II year) : III in Extempore speech (English)

4. Ms.Anjana, Ms.Navya & Ms.Sariga : I in Poster Making
5. Ms.Mahima, Shine Krishna, Khadeejath : II in Poster Making
6. Mr.Samuel, Ms. Rifa.P Ms.Abhina.A.S : II in Poster Making
7. Mr.Eldho James (I year) : III in Personality Contest
8. Mr.Wahid (IV year) : II in Javelin throw
9. Mr.Eldho James (II year) : III in 100, 200
10. Mr. Jain Tom Rojan & team : II in football
11. Mr.Eldo James(I year) : III in 4 x 100 mts Relay

Ms.Sneha Sunny (III year B.Sc. Nursing) has participated in the **State level SNA** meet and has **added a feather to INSeR** by securing the **First Prize in State Level Competition in Essay Writing – English.**

5. <u>Others:</u>

Various programs were conducted on days of importance in Nursing College. Onam & Christmas Celebrations were also coordinated with College Union to bring festive mood to the nursing fraternity. Students & Faculty actively participated.

- ***"International Nurses day"*** was celebrated on 12-05-2022.
- ***"International yoga day"*** was celebrated on 21-06-2022.
- ***"Independence day"*** – Flag hosting was done by Dr.Rohini.T (Principal) on 15.08.2022 in INSeR campus.
- ***General Body Meeting*** was conducted on 21.11.2022. Various concerns of students were raised & remedial measures were discussed.
- ***"Republic day"*** – Flag hosting was done by Dr.Rohini.T (Principal) on 26.01.2023 in INSeR campus.
- "***International Childhood Caner Day"* –** Poster competition was conducted by the Paediatric Oncology Department on 13.02.2023. B.Sc(N) students actively participated and has won the first, second and third prizes consecutively.

The Student Nurses Association continues to embark the journey by providing various opportunities for the budding nurses to grow personally and professionally.

NURSES AND STUDENT HOSTEL



Nurses and student hostel is established in the year of 2022 and which is situated within the campus of Institute of Nursing Sciences and Research, Malabar Cancer Centre, Thalassery. Hostel facility is available only for the doctors, nursing faculty, nursing officers, students and other health professionals (only for females).The girls hostel ensures privacy & homely environment. Hostel premises are divided into four floors. Nursing Faculty, B.Sc. nursing students including second semester, 3rd semester, 3rd year and 4th year students reside in ground floor and first floor and others will be on the 2nd and 3rd floor. There is one recreational area in first floor.





The single & double seated rooms are spacious, airy & offer congenial academic environment for the students. The hostel has a common room equipped with a television and newspaper. Hostel is compact with only single gate having full security and has CCTV surveillance. No one can enter the premises without proper authorization, which is further verified. Nutritious & healthy food is served in hygienic mess. Provision of hostel canteen is also there for the students. Each Rooms are occupied by 3 to 4 students. It has 3 beds, 1 fan, 1table and 1 chair for each room.

Mess Services Guidelines :

- Mess Timings:
  a. Breakfast from 7:00 am to 8:00 am
  b. Lunch from 1:00 pm to 2:00 pm
  c. Tea Break from 4:00 pm to 5:00 pm
  d. Dinner from 7:00 pm to 8:00 pm

2021-2022 PBDON BATCH



2018-2022 BATCH



2019-2023 BATCH



2020-2024 BATCH



2021-2025 BATCH



FACULTY DURING 2022-2023



FUTURE VISION & CONCLUSION

INSeR which is still in its infancy has a long way to go to step up the ladder of epitome. The highest standard in education and patient care will undoubtedly result from quality work in tiny deeds. In order to develop our institution to conform to global norms, we are in the process of developing, enhancing, and restructuring numerous policies, procedures, and committees. Accreditations from various regulatory bodies, seat enhancement, launching of Post graduate and Ph.D centre, student exchange programs are the various list of dreams that INSeR aspires to achieve.

This annual report of the various events and activities in INSeR is made possible with the astounding support and guidance of the Director, Administrative team, faculty, students, parents and all the supportive staffs working in and for INSeR. I extend my heartfelt thanks to all specified. We as a team would like to believe and work as said by Dwayne “The Rock” Johnson, 'Success isn't always about greatness. It's about consistency. Consistent hard work leads to success. Greatness will come'.